

CLEANING PLAN FOR A NICE AND TIDY HOME

HOW TO MAKE YOUR ROOM/APARTMENT AN OASIS OF WELL-BEING EVERY MONTH

MONTH: _____

CLEANING MATERIALS AND UTENSILS

buy/ existing

- All-purpose cleaners
- Toilet cleaner
- Dishwashing liquid
- Bucket
- Sponge
- Cloths and microfiber cloths
- Vacuum cleaner
- Mop

TIP
Create a cleaning playlist.



DAILY

- Ventilate the room
- Dispose of rubbish
- Do the washing up



ROOM

- Vacuum cleaning/wiping/sweeping
- Change bed linen
- Wipe cabinets
- Cleaning windows



BATH

- Vacuum cleaning/wiping/sweeping
- Cleaning the washbasin
- Cleaning the toilet
- Clean shower
- Wipe the mirror



KITCHEN

- Vacuum cleaning/wiping/sweeping
- Clean stove, microwave and sink
- Wipe surfaces
- Cleaning the fridge
- Washing dish towels
- Change dishcloth



CORRIDOR

- Vacuum cleaning/wiping/sweeping



WIR VON HIER FÜR EUCH.